

Work Experience Reflection Worksheet

Now that you have completed your work experience, take some time reflect on what you learned and how the experience might inform your college and career plans in the future.

Your Name:

College:

Career Pathway:

Host Company:

Work Date Range:

What aspects of the work experience were interesting? Which were not? Why?

What did you like about the work experience? What would you change?

Would you consider a career in the host company's field? Why or why not?

What was the most memorable aspect of the work experience? Why?

What did you learn about the host company and its employees? Please explain.

What knowledge and skills are you learning in class that would likely be used at the host company? Please explain.

What knowledge or skills do you need to strengthen to be successful at a workplace like the host company's? Please explain.

Would you recommend that other students participate in a work experience with this employer? Explain.

Anything else you'd like to say about the work experience?

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